



RF-02011146

Seat No. _____

Second Year Post Basic (Nursing) B. Sc. Examination

February - 2019

Mental Health Nursing

Time : **3 Hours**]

[Total Marks : **75**

SECTION - I

38 Marks

- 1 Long essays : (any one) 1×15=15**
- (a) Define Mental Health and Mental Illness. **3+5+7=15**
 - (b) Explain the characteristics of a mentally healthy person.
 - (c) State the principles of Mental Health Nursing.

OR

- (a) Define Mental Retardation (MR)
 - (b) Discuss in detail the etiology, signs and symptoms, and types of M.R.
 - (c) Explain the management of a child with Mental Retardation.
- 2 Short notes : (any three) 3×5=15**
- (a) Suicide prevention
 - (b) Differentiate psychosis and Neurosis
 - (c) Group Therapy
 - (d) Obsessive compulsive disorder
 - (e) Phases of nurse patient relationship.

- 3 Short answers : (any four) 4×2=08**
- (a) Techniques used in behavior therapy.
 - (b) Define PTSD.
 - (c) List two mood stabilizers.
 - (d) Pan Phobia.
 - (e) Narcolepsy.
 - (f) Define Mental status Examination.

SECTION - II

37 Marks

- 4** Long essays : (any **one**) **2+3+5=10**
- (a) Define E.C.T.
 - (b) What are the indications and Contra indications of E.C.T.
 - (c) Explain the Nurses role before, during and after the E.C.T.

OR

- (a) Define Mania.
 - (b) Discuss in detail the etiology, signs and symptoms, psychopathology of mania.
 - (c) Explain the Nursing management of a client with Mania.
- 5** Short notes : (any **three**) **3×5=15**
- (a) Antidepressants
 - (b) Therapeutic Community
 - (c) Alcohol Dependence syndrome
 - (d) Mental Health services at primary, secondary and tertiary levels
 - (e) Indian Mental Health Act, 1987.
- 6** Short answer : (answer **all**) **6×2=12**
- (a) Mention any four defense mechanisms.
 - (b) Mention any four causes of organic mental disorders.
 - (c) Mention any four EPS.
 - (d) Mention four types of admission in Mental Hospital.
 - (e) Mention Bleuler's Four 'A's in Schizophrenia.
 - (f) Mention any four Neurotic disorders.